

# Your Careers Team

Access Online



## Our Top Tips

- Independence** - Create your own path & trust your instincts.
- Professionalism** - Polish your CV & online presence, impression is key!
- Creativity** - Look for unique roles that spark your passion.
- Ambitious** - Set bold goals & chase big dreams.
- Resilience and Confidence** - Bounce back from setbacks & believe in yourself.

## What We Offer

- 1:1 Career appointments
- UCAS & Personal Statement support
- Employability skills
- Next steps & Your progression
- VR Bodyswaps Workshops

## FAQs

### Will a careers appointment solve my career problems?

Unfortunately, not, the appointment is usually just the start of a process of discovery and enabling you to figure things out for yourself. The Careers Team will help support you in this process, try to help you, no matter what stage you are at.

### How long are the careers appointments?

45 minutes, but you can leave whenever you like.

### Do I need to bring anything to my appointment?

You don't have to, however have in mind what skills you have, the tasks you enjoy and avoid and what is important to you.

### Can you help me with interviews?

Yes we can, we can offer mock interviews as well as our virtual reality Bodyswaps interview stimulator.

### Does an appointment have to happen face to face?

Of course not, we can also offer them over the phone and a Teams video call, whatever suits you best.

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