

Sports Therapy

BSc (Hons)

STUDY MODE

Full time / Part time

LOCATION

Moulton

LEVEL

Level 6

START DATE

Sep 2022

DURATION

3 years / 5 years

AWARDING BODY

University of
Northampton



Our BSc(Hons) Sports Therapy degree is the ideal route for students who are interested with working with sports athletes and amateurs alike to achieve their potential. At Moulton, sports therapy is not restricted to just injury diagnosis, treatment, rehabilitation and 'prehabilitation'. Our course offers you the opportunity to learn more about sports therapy interventions, and evaluate their impacts on athletes.

Making use of our clinical teaching rooms, rehabilitation room, and strength and conditioning facilities you'll get to explore the full sporting potential of all participants and encourage excellence both in theory and practice. This course opens up opportunities throughout the health and fitness sector, with Sports Therapists working for teams, individuals and in health clubs in the United Kingdom and abroad.

At Moulton we will provide you with the latest skills needed to work in the cutting-edge field of sports therapy. Under the guidance of expert lecturers you'll learn how to assess injuries, learn pitch-side injury management and design injury prevention and rehabilitation programmes.

What you'll learn

This course provides a mixture of theory and practice and includes the following modules:

- Functional Anatomy and Kinesiology
- Principles of Fitness and Training
- Sports Injuries
- Principles and Practices of Sports Massage
- Study Skills for HE Science
- Introduction to Exercise Physiology
- Advance Sports Massage Techniques
- Management of Injury
- Applied Physiology for Sport
- Industrial Experience
- Sport Research Methods
- Functional Rehabilitation and Remedial Exercise
- Integrated Clinical Practice
- Peripheral Mobilisations
- Vertebral Mobilisations
- Strength and Conditioning
- Research Project

You will also complete an individual project on a topic agreed with your tutor and present a final dissertation. Students will also have the opportunity to complete additional awards which may include L3 VTCT Sports Injuries, L4 VTCT Sports Massage and L2 Personal Training.

What will this course cost me?

For information about course fees please refer to our [Fees and Financial Support](#) pages.

How will I be assessed?

Assessments for our sports studies courses vary depending on your level of study. Expect everything from written work and practical tests, to presentations and work-based learning assessments. Your course could also include end-of-year exams, research projects and laboratory reports

Where can it lead to?

These courses will give you the opportunity to work as practitioners within clinics, clubs or self-employment as a Sports Therapist.

Entry requirements

96 UCAS points equivalent to MMM for Level 3 Extended Diploma, DD for Level 3 Diploma, or CCC for A-Levels.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pbhst/sports-therapy-bsc-hons-level-6>

For further information please contact the college: <https://www.moulton.ac.uk/contact>