

Sports Therapy (Top Up)

BSc (Hons)

STUDY MODE

Full time / Part time

LOCATION

Moulton

LEVEL

Level 6

START DATE

Sep 2022

DURATION

1 year / 2 years

AWARDING BODY

University of
Northampton



Our BSc(Hons) Sports Therapy Top Up degree is the ideal route for students who are interested with working with sports athletes and amateurs alike to achieve their potential. At Moulton, sports therapy is not restricted to just injury diagnosis, treatment, rehabilitation and 'prehabilitation'. Our course offers you the opportunity to learn more about sports therapy interventions, and evaluate their impacts on athletes.

Making use of our clinical teaching rooms, rehabilitation room, and strength and conditioning facilities you'll get to explore the full sporting potential of all participants and encourage excellence both in theory and practice. This course opens up opportunities throughout the health and fitness sector, with Sports Therapists working for teams, individuals and in health clubs in the United Kingdom and abroad.

At Moulton we will provide you with the latest skills needed to work in the cutting-edge field of sports therapy. Under the guidance of expert lecturers you'll learn how to assess injuries, learn pitch-side injury management and design injury prevention and rehabilitation programmes.

What you'll learn

Under the guidance of expert lecturers you'll learn how to assess injuries, apply treatments including sports massage, electrotherapy and joint mobilisation, learn pitch-side injury management and design injury prevention and rehabilitation programmes. You'll also study the underpinning theory of practice: anatomy, clinical biomechanics, exercise physiology, sports nutrition and psychology. Modules covered in this course include:

- Integrated Clinical Practice
- Peripheral Mobilisations
- Vertebral Mobilisations
- Strength and Conditioning
- Research Project

What will this course cost me?

For information about course fees please refer to our [Fees and Financial Support](#) pages.

How will I be assessed?

Assessments for our sports studies courses vary depending on your level of study. Expect everything from written work and practical tests, to presentations and work-based learning assessments. Your course could also include end-of-year exams, research projects and laboratory reports

Where can it lead to?

These courses will give you the opportunity to work within your chosen vocational area. For Sports Therapy, as practitioners within clinics, clubs or self-employment. For Sports Performance and Coaching, and Strength and Conditioning you could work within community sport coaching, teaching, high performance coaching and talent identification and performance conditioning.

Entry requirements

M or D in a Level 5 qualification in a sports therapy related subject area.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pbscs/sports-therapy-top-up-bsc-hons-level-6>

For further information please contact the college: <https://www.moulton.ac.uk/contact>