

# Sports Therapy

## FdSc

### STUDY MODE

Full time / Part time

### LOCATION

Moulton

### LEVEL

Level 5

### START DATE

Sep 2022

### DURATION

2 years / 3 years



Our Sports Therapy foundation degree is the ideal route for students who are interested with working with sports athletes and amateurs alike to achieve their potential. At Moulton, sports therapy is not restricted to just injury diagnosis, treatment, rehabilitation and 'prehabilitation'. Our course offers you the opportunity to learn more about sports therapy interventions, and evaluate their impacts on athletes.

Making use of our clinical teaching rooms, rehabilitation room, and strength and conditioning facilities you'll get to explore the full sporting potential of all participants and encourage excellence both in theory and practice. This course opens up opportunities throughout the health and fitness sector, with Sports Therapists working for teams, individuals and in health clubs in the United Kingdom and abroad.

At Moulton we will provide you with the latest skills needed to work in the cutting-edge field of sports therapy. Under the guidance of expert lecturers you'll learn how to assess injuries, learn pitch-side injury management and design injury prevention and rehabilitation programmes.

## What you'll learn

The course contains a variety of practical and theory based modules including:

- Functional Anatomy and Kinesiology
- Principles of Fitness and Training
- Sports Injuries
- Principles and Practices of Sports Massage
- Study Skills for HE Science
- Introduction to Exercise Physiology
- Management of Injury
- Applied Physiology for Sport
- Industrial Project
- Industrial Experience
- Advance Sports Massage Techniques
- Sport Research Methods

Activities may be held within the sports therapy teaching rooms, gymnasium, sports halls and outside AstroTurf facilities.

Students will also have the opportunity to complete additional qualifications in Sports Massage.

## What will this course cost me?

For information about course fees please refer to our [Fees and Financial Support](#) pages.

## How will I be assessed?

Assessments for our sports studies courses vary depending on your level of study. Expect everything from written work and practical tests, to presentations and work-based learning assessments. Your course could also include end-of-year exams, research projects and laboratory reports

## Where can it lead to?

This course will give you the opportunity to work as a practitioner within clinics, clubs or self-employment.

## Entry requirements

64 UCAS points equivalent to MPP for Level 3 Extended Diploma, MM for Level 3 Diploma, or CC for A-Levels.

You will also need a grade 4 (C) in GCSE English and maths to enrol on this course.

We are interested in students that can demonstrate ability in areas such as experience in the specified field that have not followed a traditional educational pathway. We will review each application and invite you for an interview.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pdfst/sports-therapy-fdsc-level-5>

For further information please contact the college: <https://www.moulton.ac.uk/contact>