

# Access to Higher Education: Sport Science

## Access to Higher Education Diploma Level 3

STUDY MODE  
Full time

LOCATION  
Moulton

LEVEL  
Level 3

START DATE  
Sep 2024

DURATION  
1 year



Access to Higher Education courses are ideal if you are an adult looking to study at degree level but don't have the necessary qualifications or UCAS points to gain a place at university.

The courses will cover key themes within your chosen pathway but you will also learn how to conduct research, write essays and other key essential study skills that will enable you to excel once you move onto a degree level course.

## What you'll learn

In addition to general study modules you will also learn a wide range of topics that will cover the key aspects of many different Sport degree programmes including:

- Sports Coaching Practical Skills
- Human Anatomy
- Business in Sport
- Sports Psychology
- Exercise Psychology
- Sports Development
- Sports Coaching Principles
- Fitness Testing & Training
- Sports Injuries & Rehabilitation
- Sports Science Research Project

## What will this course cost me?

The tuition fees for this course are £3,384.

If you are aged 19 or over, you may qualify for an [Advanced Learner Loan](#) from the Student Loans Company to help you pay the tuition fees for this course.

If you complete your Access to Higher Education course and then use this to progress onto and complete a degree, the Student Loans Company will write off the balance on your Advanced Learner Loan and you will not have to repay your tuition fees.

## A typical week

This is a full time course taking place on three days per week from 9.00am - 3:00pm. There will be a mix of practical and theoretical work which are split into 1 hour - 1.45 hour lessons. You will have regular breaks and hour lunch.

## How will I be assessed?

You will be assessed throughout the course through written assessments, essays, exams and presentations.

## Where can it lead to?

An Access to HE Diploma is a recognised qualification for entry onto Foundation Degree, HND or Honours Degree courses at a wide range of universities.

You can also apply to study one of our higher education courses at Moulton College in Sport Science, Sports Performance and Coaching or Sports Therapy.

## Entry requirements

All students applying for the course are required to attend an interview and to demonstrate a commitment to returning to learn and an ability to work at the appropriate level. It is recognised that for some students they may not have had any very recent educational experience and those students may benefit from numeracy and literacy assessment.

There are no QAA specified academic requirements for this course. However, a pass grade at GCSE level for English and Mathematics is preferable.

## Good to know

During your course you will benefit from a wide range of College facilities including a designated Higher Education building, a designated Higher Education IT suite, access to the Moulton College learning resource centre including both hard and electronic journals, SPORTDiscus bibliographic database software, and a HE designated quiet study area. You will also receive academic support via your personal tutor and a designated Higher Education Learning Support Coordinator and Tutor.

Additional facilities include two indoor sports facilities, a strength and conditioning suite, including an Olympic weightlifting area, a fitness suite, and a range of grass and all weather surfaces including sand, rubber crumb and water-based Astroturf pitches. You will also have the opportunity to use state of the art track and field facilities which include an International standard, Class A certified, eight lane athletics track, and research facilities such as a fully equipped sports science laboratory.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pdhsn/access-to-higher-education-sport-science-access-to-higher-education-diploma-level-3>

For further information please contact the college: <https://www.moulton.ac.uk/contact>