

Sport

Extended Diploma Level 3

STUDY MODE
Full time

LOCATION
Moulton

LEVEL
Level 3

START DATE
Sept 2024

DURATION
2 years



This qualification is equivalent to three A-Levels and is designed for learners that are looking for a wider breadth of subjects within sport, including popular subjects such as sport psychology, sports coaching and fitness testing. The breadth of content in this qualification allows learners to widen their opportunities to progress to a number of different higher education courses and sport careers.

What you'll learn

Students will learn about a variety of different sport subjects with units changing every four to five months. The current structure of the course is:

Year 1 *Anatomy and Physiology

- Fitness Training and Programming
- Application of Fitness Testing
- Sports Psychology
- Practical Sports Performance
- Coaching for Performance
- Professional Development in the Sports Industry

Year 2

- Development and Provision of Sport and Physical Activity
- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport
- Rules, Regulations and Officiating in Sport
- Research Methods in Sport
- Sports Event Organisation
- Sports Leadership

A typical week

If you are part of the [Sports Academies](#), this course will take place over four/five days per week from 9am - 4:30pm. College fixtures for team sports take place on Wednesdays, and if selected you will move from four days to five days a week. This qualification is also available to non-academy students on three days per week from 9am - 4:30pm.

How will I be assessed?

- Practical assessments
- Externally assessed Exams
- Written coursework and workbooks
- Presentations

Where can it lead to?

You may go on to a career in coaching, teaching or sports therapy. There are excellent opportunities for progression to a wide variety of sports courses at university, or you could complete an apprenticeship.

Entry requirements

Four GCSEs at grade 9-4 (A*-C) including English and maths, a relevant Level 2 Diploma in Sport or an apprenticeship qualification.

Visit this course on our website: <https://www.moulton.ac.uk/courses/peasd/sport-extended-diploma-level-3>

For further information please contact the college: <https://www.moulton.ac.uk/contact>