

# Sport

## Diploma Level 3

STUDY MODE  
Full time

LOCATION  
Moulton

LEVEL  
Level 3

START DATE  
Sep 2024

DURATION  
2 years



This qualification is slightly smaller version of the Extended Diploma in Sport, and is equivalent to two A-Levels instead of three. This version of the qualification will allow students to retake their GCSEs in English and/or Maths if they have not yet achieved a grade 4 or above. Students will still study a wide range of sport subjects including subjects such as Anatomy and Physiology, Sports Coaching and Practical Sports Performance. The breadth of content in this qualification allows learners to widen their opportunities to progress to a number of different higher education courses and sport careers.

## What you'll learn

Students will learn about a variety of different sport subjects with units changing every four to five months. The current structure of the course is:

### Year 1

- Anatomy and Physiology
- Fitness Training and Programming
- Sports Leadership
- Practical Sports Performance
- Professional Development in the Sports Industry

### Year 2

- Investigating Business in Sport and the Active Leisure Industry
- Skill Acquisition in Sport
- Rules, Regulations and Officiating in Sport
- Application of Fitness Testing
- Sports Event Organisation

## A typical week

If you are part of the [Sports Academies](#), this course will take place over four/five days per week from 9am - 4:30pm. College fixtures for team sports take place on Wednesdays, and if selected you will move from four days to five days a week. This qualification is also available to non-academy students on three days per week from 9am - 4:30pm.

## How will I be assessed?

- Practical assessments
- Externally assessed Exams

- Written coursework and workbooks
- Presentations

## Where can it lead to?

You may go on to a career in coaching, teaching or sports therapy. There are excellent opportunities for progression to a wide variety of sports courses at university, or you could complete an apprenticeship.

## Entry requirements

Four GCSEs at grade 9-4 (A\*-C) a relevant Level 2 Diploma in Sport or an apprenticeship qualification.

Visit this course on our website: <https://www.moulton.ac.uk/courses/pessd/sport-diploma-level-3>

For further information please contact the college: <https://www.moulton.ac.uk/contact>